



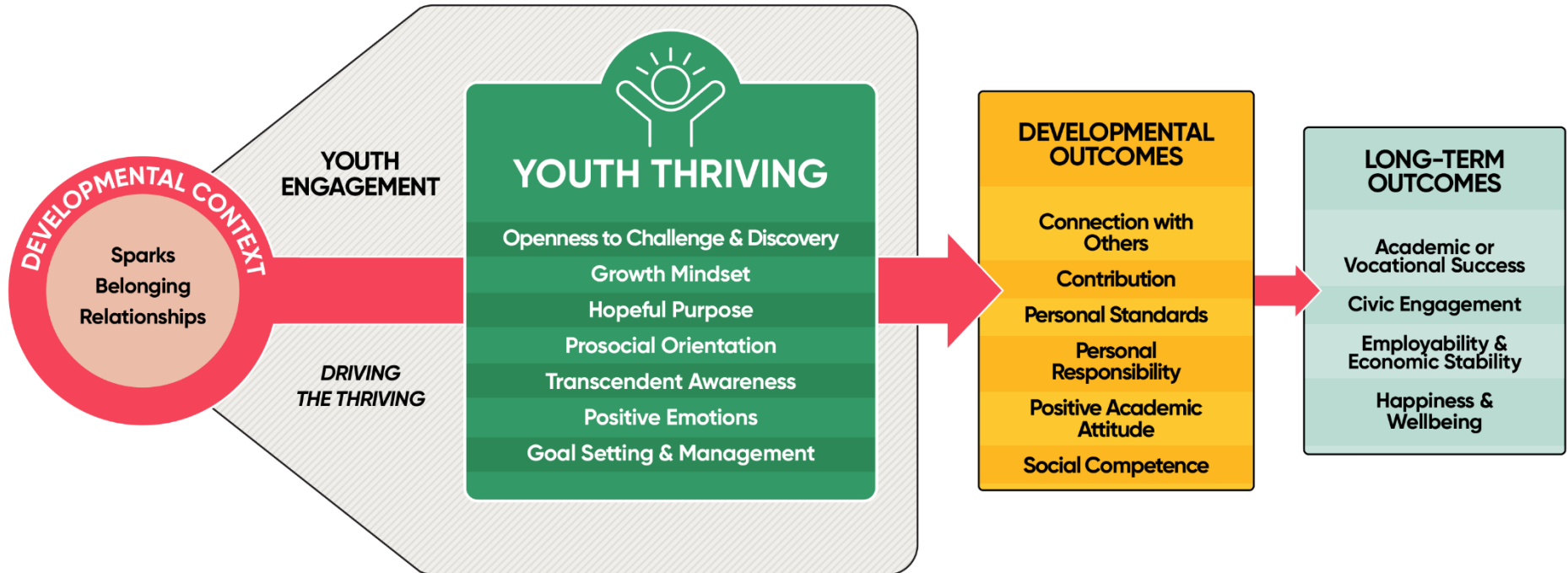
The 4-H Thriving Model

Predicting the Impact of 4-H on Positive Youth Development



The 4-H Thriving Model

The 4-H Thriving model predicts that youth who participate in 4-H programs that provide a high-quality developmental context will thrive, and thriving youth achieve key developmental outcomes.



The 4-H Developmental Context

4-H programs done well help youth thrive by:




Sparks

- Providing a place for youth to explore their interests and passions – their **sparks!**



Youth Program
Quality

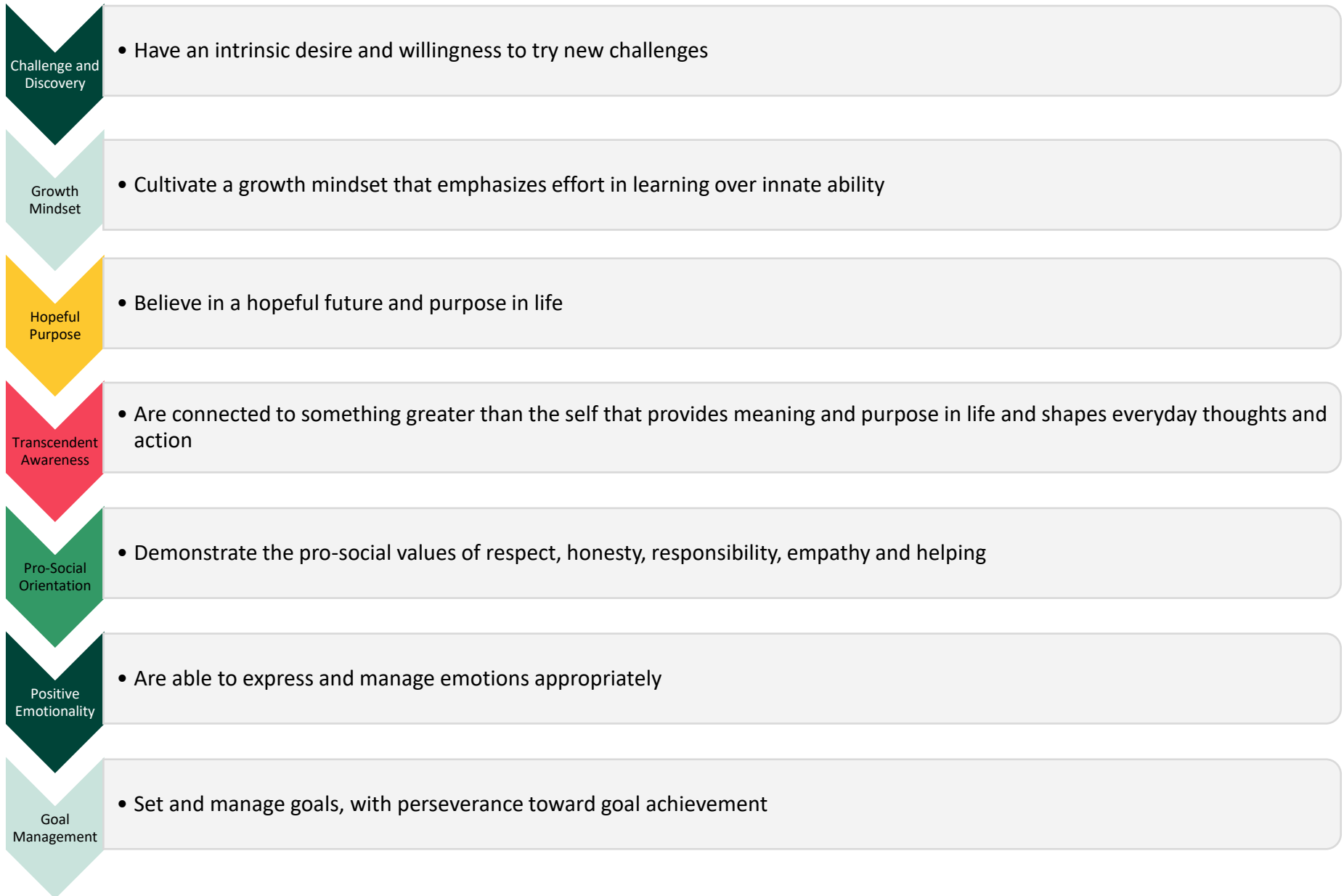
- Offering programs that follow youth program quality principles with a focus on youth **belonging**



Youth-Adult
Relationships

- Fostering **developmental relationships** with adults who are caring, challenge growth, and share power

Thriving Youth



Thriving Youth Reach Key Developmental Outcomes

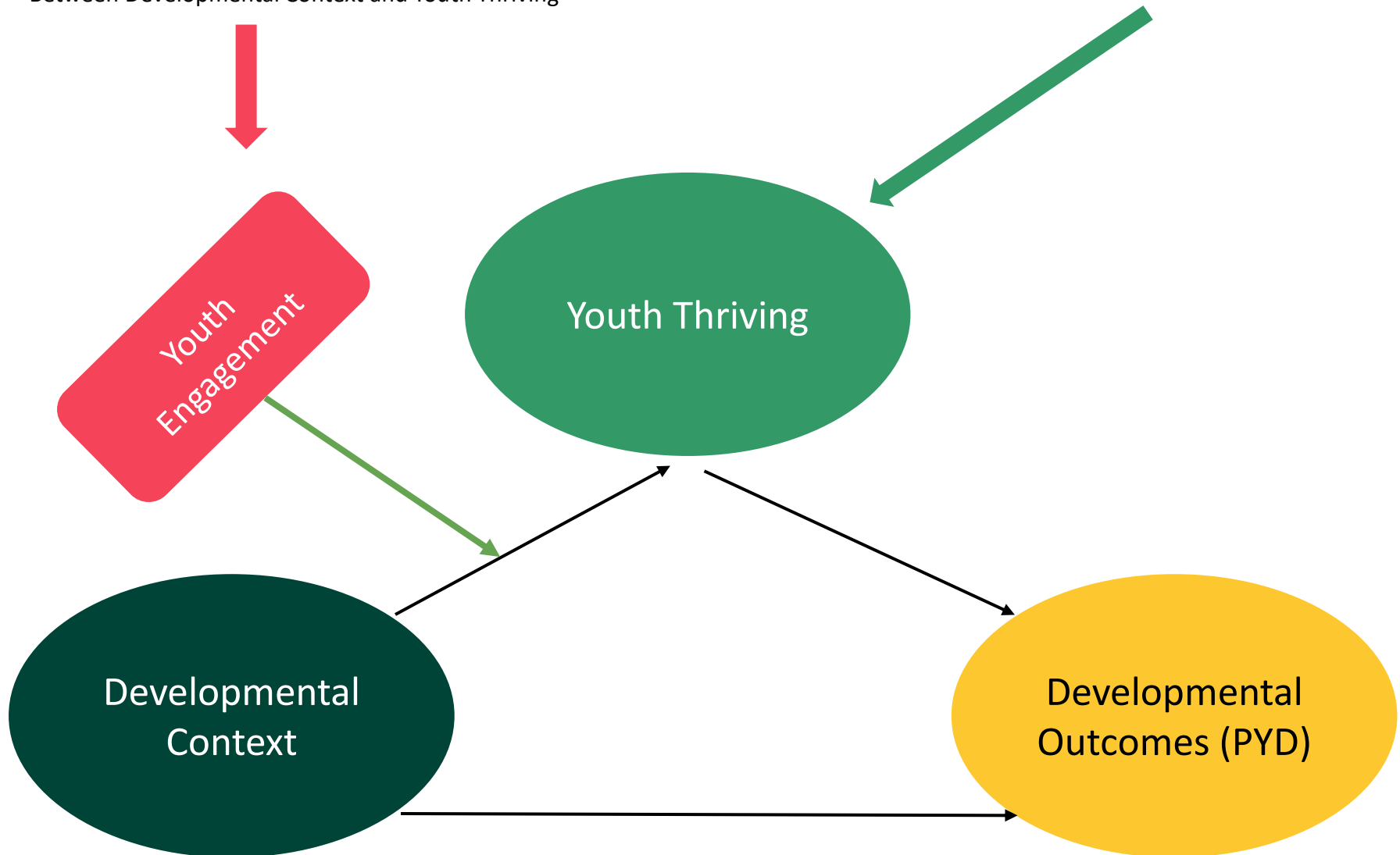
Youth who thrive because of participating in 4-H...



Structural Properties of the 4-H Thriving Model

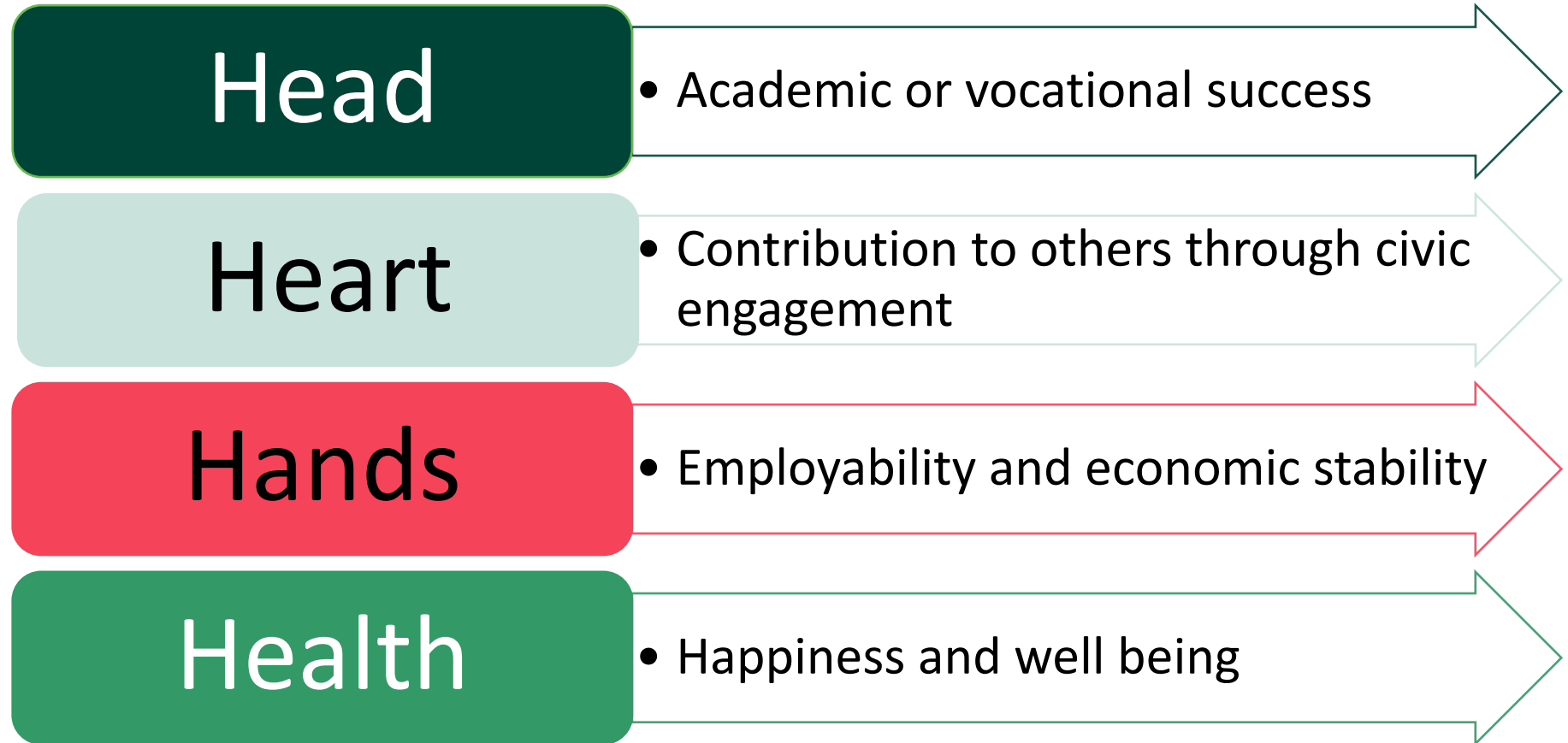
Youth Engagement **Moderates** the Relationship
Between Developmental Context and Youth Thriving

Thriving **Mediates** the Relationship
Between Developmental Context and Youth Thriving



Developmental Outcomes

Set the stage for a successful transition to adulthood as indicated by:



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For more information on the 4-H Thriving Model please visit the PLWG Standing Committee on Positive Youth Development at: <https://helping-youth-thrive.extension.org/>